

BASIC LIFE SUPPORT IN THE COMMUNITY DURING COVID-19



NATIONAL
COVID-19
CLINICAL
EVIDENCE
TASKFORCE

This guidance is for use by bystanders, first aiders or first aid providers.
It was developed in collaboration with the Australian Resuscitation Council.

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STANDARD RESUSCITATION GUIDELINES

COVID-19 CONSIDERATIONS

D

Dangers?

- **Early CPR commencement** is associated with better survival
- The risk of acquiring COVID-19 in the community is generally low, and is further lowered if the rescuer is **fully vaccinated** and wears a **mask**

R

Responsive?

S

Send for help
Call 000

A

Open Airway

B

Normal Breathing?

C

Start CPR
30 compressions : 2 breaths

Give rescue breaths (if rescuer is willing and able)

- Rescue breaths are associated with better survival in certain populations, including:
 - **all children**
 - **an adult drowning**
- Use a **bag valve mask** if available and rescuer is trained in its use

D

Attach Defibrillator (AED)
as soon as available, follow prompts

Continue CPR until responsiveness or normal breathing returns

Wash hands thoroughly and clean equipment after use