BASIC LIFE SUPPORT FOR ADULTS IN THE COMMUNITY DURING THE COVID-19 PANDEMIC

This guidance is for members of the public who are trained first responders. It was developed in collaboration with the Australian Resuscitation Council.

Dangers? What is the chance the person has COVID-19?

Is there public health advice to wear a mask in the local area?

- NO
  - The person is unlikely to have COVID-19
    - PROCEED AS NORMAL

- YES
  - The person may have COVID-19
    - PROCEED AS BELOW
      - If you have a mask, make sure you are wearing it correctly before you start

Responsive?

Send for help
Call 000

Open Airway

Normal Breathing?

Start CPR
30 compressions : 2 breaths

Attach Defibrillator (AED)
as soon as available, follow prompts

Send for help
Call 000

Open Airway

Normal Breathing?
  - Look but do not listen or feel
  - Start CPR
    - Chest compressions only (no breaths)
    - Consider placing a light cloth or clothing over the person’s mouth and nose

Continue CPR until responsiveness or normal breathing returns

Wash hands thoroughly and clean equipment after use